

Do you need help with transportation for CF care?

Transportation challenges can affect your ability to get the CF care you need, but there are resources to help. To get started, identify your greatest transportation barrier and look into solving that need first.

Common Transportation Barriers

- Cost of gas, parking, and vehicle maintenance
- Distance to CF care center
- Access to public transportation
- Physical inability to drive
- Lack of reliable transportation

1. **Check with your insurance company** to see if they offer transportation benefits. Words you may want to use include: "travel benefits," "value-added services," "supplemental benefits," "transportation assistance," and "non-emergency medical transportation."

2. **Talk to your care team, hospital, or facility** to learn about support they may offer such as gas cards, free parking validation, or partnerships with community programs.

3. **Look for programs in your community, county, and state**, such as transportation provided by a network of volunteers or discounted services. Visit <https://patientsrisingconcierge.org/> to search or use the internet to search for "non-emergency medical transportation" and your zip code.

4. **Explore national programs and organizations** such as those listed below.

5. **Connect with Compass.** CF Foundation Compass case managers can help with many questions and resources about transportation. Call 844-COMPASS (844-266-7277), email compass@cff.org, or go online to www.cff.org/support/get-help-cf-foundation-compass.

Resources

This is a curated list of references/resources and does not imply endorsement. Not everyone will be eligible for these services.

United Way/ 2-1-1

Dial 2-1-1 on a phone to be connected with a local operator who can help you identify local programs and resources for transportation needs.

Community Transportation Association of America

Check out their map of volunteer driver programs. <https://ctaa.org/nvtc-map>

Mercy Medical Angels (800-296-1217)

Find information about free, nonemergency, long-distance medical transportation, as well as referrals to appropriate sources of help. www.mercymedical.org/request-assistance

Myride2.com (855-697-4332)

Contact this service of the Area Agency on Aging that helps seniors and adults with disabilities coordinate their local transportation options. www.myride2.com

Area Agency on Aging

Connect with an information and referral specialist to discuss your transportation needs and get information about transportation resources in your community. https://eldercare.acl.gov/Public/Search_Results.aspx

Aging and Disability Resource Center (ADRC)

Find contact information for your local ADRC. <https://eldercare.acl.gov/Public/Index.aspx>

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